

# SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

## WEEKLY PRODUCT UPDATE - 16/09/19

**Hello all, with the weather in England from one day cold to warm the next, it has been difficult for the salad growers and berry growers to produce volume and quality in the last few days, but this is getting better now with some nice warm days of late.**

Cabbages and kale are now the star of the show along with wild mushrooms (see Daniel's Forager Report). On the fruit side, strawberry growth had slowed down a bit but hopefully getting better now. Time to think about plums, apples and pears!

### VEG OF THE WEEK

- Fine beans
- Brussels sprouts
- Purple cauliflower
- Rainbow radish
- Spring green
- Hispi cabbage
- Tender stem broccoli
- Romanesco
- Savoy cabbage
- Sweet stem cauliflowers
- Flat cabbage
- Corn on the cob



SMITH & BROCK WEEKLY REPORT #93

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VEG OF THE WEEK CONTINUED

Delica squash



Acorn squash



Onion squash



Mixed squashes



FRUITS OF THE WEEK

Some nice apples from UK and also not to forget the French Mouneyrac apples perfect for room service and retail in terms of presentation.

- Mirabelle plums
- Blueberries
- White grapes (and black grapes too)
- Figs
- Charentais melon
- William's pears
- Conference pears
- Victoria plums
- Worcester apples
- Gala apples
- Mouneyrac Granny Smith
- Bramley apple
- Red Windsor
- Lychees



# SALADS



Still a good few weeks until all those UK crops will then come from warmer countries such as France and Spain... depending on weather and Brexit of course!



## MOLYNEUX FARM

**Molyneux is famous for kale but we also have black cabbage and rainbow chard in stock. Should not be long to get some cabbage too like sweet collard or Portuguese tronchuda**

Mustard kale  
Variegated kale  
Black cabbage (cava nero)  
Red kale  
Rainbow chard



## EXPENSIVE

**Main products to watch are all oranges... now from South Africa, but desperately waiting for the Spanish season to start to bring the price down.**

Cauliflowers are also still a very big issue with pretty much only crops from the continent available... Still suffering from the flooding back in June and July!!

