SMITH & BROCK

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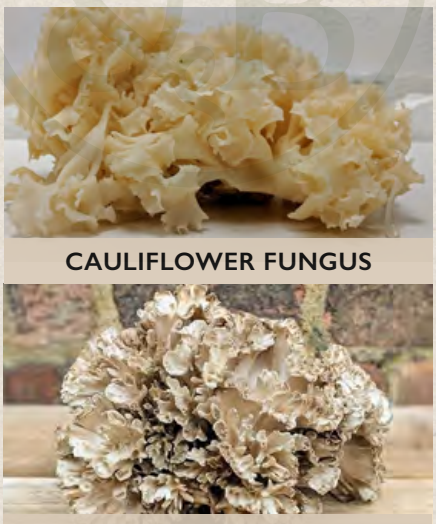
THE FORAGER'S REPORT - 30/09/19



CAULIFLOWER FUNGUS

MATSUTAKE

GRADED GIROLLE

MAITAKE

LOBSTER

PIED

PARASOL

PUFFBALL

COASTAL MIX

MARSH SAMPHIRE

ROCK SAMPHIRE

SALTY FINGERS

SEAWEED MIX

SEA LETTUCE

PEPPER DULSE

Tel.: 0203 621 4242 @smithandbrock www.smithandbrock.com Arches 254–255, Grosvenor Terrace, London SE5 0NP

SEA PURSLANE

LACTO FERMENTED WILD GARLIC

GARLIC SCAPES

FIG LEAF

SYRUPS AND SALTS

YARO FLOWERS

CRAB APPLE

MUSHROOMS

Girolle/mini girolle is a beautiful 1cm–5cm pre-graded product, when ordering girolle do specify mini

Cauliflower fungus is still taking the game to the wild and proving very popular, if you still haven't tried then you should!

Maitake 'The Dancing Mushroom'- great yield, great taste, great price

Wild mix mushroom trays are being made in house and for next week will consist of a mixture of the above, or you can request a bespoke mix with your sales rep

FORAGED GOODNESS

Coastal mix will contain a mixture of the best coastal veg, as the picture shows

Sea aster is growing in size and flavour, could be limited with the heatwave en route

Sea purslane, like sea aster is basking in the summer sun and really doing it the world of good

Sea beet is stunning as always, a great piece of British coastal greenery. A brief rest period for this popular coastal vegetable 2–3weeks

Salty finger, Jelly babies of the sea, whatever you call them they're still the succulent to get on your menu

Garlic scrapes come in, they go out, amazing product which need to be tried

Best fresh Cornish seaweeds this week consist of:-

- Sea lettuce
- Sea spaghetti
- Kelp
- Wakame
- Carragean moss
- Red dulse
- Pepper dulse

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WHAT'S HOT THIS WEEK

MUSHROOMS

Scottish cep
European cep
Girolle
Mini girolle
Scottish girolle
Wild mix mushrooms
Trompette
European Puffball (Pre order)
European Parasol (Pre Order)
Matsutake (Pre Order)
Pied Mouton
Lobster Mushroom
Mousseron
Beefsteak

DRIED MUSHROOMS

Dried cep
Dried shiitake
Dried wild mix

EXOTIC MUSHROOMS

Black wood ear (cultivated)
Cauliflower fungus
Cordyceps
Horse mushroom
King oyster
Maitake
Mini chestnuts
Mini king oyster
Organic nameco
Organic shiitake
Pied blue
Shiitake
Shimeji (brown+white)
Termite mushrooms

COASTAL VEGETABLES

Rock samphire
Salty fingers
Sea aster
Sea beet
Sea cabbage
Sea purslane

FOREST

Douglas fir
Fig leaf
Garlic scapes
Juniper branches (with berries)
Meadow hay
Oak moss
Reindeer moss
Scots pine
Spruce pine

WILD FRUITS

Crab apple
Japanese rose hip
Hawthorn berries
Sloe berries
Elderberry (black)
Sea buckthorn berries
Damson

FRESH CORNISH SEAWEED

Dulse
Kelp
Mermaids hair
Pepper dulse
Sargassam
Sea lettuce
Sea spaghetti (young shoots)

EDIBLE FLOWERS

Vetch flower
Wild fennel flowers

FLAVOURED SALTS

Elderberry salt
Hogweed celery salt
Mushroom salt
Seaweed salt
Spicy hawthorn salt

CORDIALS

Elderflower cordial
Nettle cordial

SYRUPS - awaiting new batches

Birch sap syrup
Coffee syrup
Elderflower syrup
Pure birch syrup
Roasted dandelion syrup
Sweet cicely syrup