

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

THE FORAGER'S REPORT - 16/12/19



CAULIFLOWER FUNGUS



DRIED & FROZEN EUROPEAN CEPES



MAITAKE



PIED



CHANTERELLE GREY LEG



WOODLAND MIX



SEA PURSLANE



SALTY FINGERS



ALEXANDERS





SEA LETTUCE



SYRUPS AND SALTS

SMITH & BROCK FORAGER'S REPORT #37

Tel.: 0203 621 4242   @smithandbrock www.smithandbrock.com Arches 254-255, Grosvenor Terrace, London SE5 0NP



MUSHROOMS

Cauliflower Fungus is still taking the game to the wild and proving very popular, if you still haven't tried then you should!

Maitake 'The Dancing Mushroom' – great yield, great taste, great price.

Woodland Mix Mushroom trays are being made in house.

Dried and frozen European Cep

Frozen girolles

Trompette – unlike its name, which translates to death trumpet, these bring us joy!

Pied Mouton – great priced mushroom, great for adding texture to your stews or soups.

Mousseron – ignore its small stature, the taste is pretty punchy.

Chanterelle Grey Leg – my favourite of the chanterelles, they look much better, keep a better shape and taste is also superior to that of the yellow.

FORAGED GOODNESS

Sea Aster has come to an end with the frost on its way.

Sea Purslane – could be coming to a close pretty quickly but for the foreseeable we'll be stocking.

Sea Beet – like sea purslane is coming close to a season end but we have ears and eyes in the wild updating us daily.

Salty Finger – Jelly babies of the sea, whatever you call them, they're still the succulent to get on your menu. Best fresh.

Cornish seaweeds this week consist of:

- **Sea lettuce**
- **Sea spaghetti**
- **Kelp**
- **Wakame**
- **Red Dulse**
- **Mermaids Hair**

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MUSHROOMS

Chanterelle Grey Leg
Pied Mouton
Mousseron
Trompette
Woodland Mix Mushrooms

DRIED MUSHROOMS

Dried Cep
Dried Morel
Dried Shiitake
Dried Wild Mix

EXOTIC MUSHROOMS

Black Wood Ear (cultivated)
Cauliflower Fungus
King Oyster
Maitake
Organic Shiitake
Pied Blue
Shiitake Shimeji (brown+white)

COASTAL VEGETABLES

Sea Beet
Salty Fingers
Sea Purslane

FOREST

Alexanders
Douglas Fir
Juniper Branches (with berries)
Meadow Hay
Oak Moss
Scots Pine
Three Cornered Leek

WILD FRUITS

Japanese Rose Hip
Hawthorn Berries
Sea Buckthorn Berries
Rowan Berries
Medlars

FRESH CORNISH SEAWEED

Dulse
Kelp
Mermaids Hair
Sargassam
Sea Lettuce
Sea Spaghetti (young shoots)

FLAVOURED SALTS

Elderberry Salt
Hogweed Celery Salt
Mushroom Salt
Seaweed Salt
Spicy Hawthorn Salt

CORDIALS

Elderflower Cordial
Nettle Cordial

SYRUPS

Birch Sap Syrup
Elderflower Syrup
Pure Birch Syrup
Roasted Dandelion Syrup
Sweet Cicely Syrup

