

# SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

## WEEKLY PRODUCT UPDATE - 23/09/19

**Hello, not too much to talk about this week, the usual issues with cauliflower and oranges. Other than that, it's pretty calm!**

A lot of produce has already shifted to Dutch origin and in a month or so, it will all come from Spain! (courgette, broccoli, aubergine, peppers, cucumbers, tomatoes, cos, iceberg, baby gems...)

We are already seeing some big changes compared with last years Spanish winter prices. Palette transport has gone up a lot and also the Spanish growers are anticipating longer transport journeys and more paperwork involved related to Brexit... that's if there is a deal! Let's see what the future brings but this is just a bit of head's up!

### UK VEG

Cava nero  
Green and purple kale  
Puntarella  
Berlotti beans  
Green beans  
Onions squash  
Parsley root  
Rainbow chantenay carrots  
Artichokes  
Rainbow radish  
Cheltenham beetroot



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Tel.: 0203 621 4242 @smithandbrock www.smithandbrock.com Arches 254-255, Grosvenor Terrace, London SE5 0NP

## FRUITS OF THE WEEK

**Apricots were meant to be finished but we have received plenty from Kent!**

Yes you heard well! From UK/Kent! And they taste good too! We had some earlier in the month and this is your last chance! Not to be missed!

Cactus fruits  
Chestnuts  
Quince  
Grapes  
Apricots  
Figs  
Comice pears  
Conference pears  
Windsor apples  
Easy pealer (nadorcott)  
Muscat grapes



## FORAGER CORNER

**Lovely cepes available (pre-order only)**

Season is now for elderberries!



# TOMATOES



**We still have some gorgeous tomatoes available and with a warm weather like we have now, it is nice to keep a bit of sunshine on the plate!**

San Marzano  
Cow heart  
Plum vine  
Heirloom mix  
Cherry vine  
Cherry loose (nice and cheap!)

Green  
Baby plum vine  
Baby san Marzano  
Tomberries (world smallest tomatoes!)



## SALADS

**New mix of tiny leaves!!! Forager mix from Westlands as some very delicate mini leaves! Excellent! (preorder please... 250g pack).**

The seasonal washed mix offer excellent value!  
Great mix with a great price!

Castel Franco  
Chicory  
Red chicory  
Seasonal mixed washed  
Trevisse  
Radicchio  
Watercress  
Corn Mache  
Forager mix



## ALTERNATIVE MILK

**Bonsoy soya milk is a great seller!**

Have you tried it? We have plenty!

