SMITH & BROCK

EXPERTLY SELECTED, PROUDLY DELIVERED

WEEKLY PRODUCT UPDATE - 22/07/19

Hello all, it is now school holidays and business is slightly more quiet than other times. Time to look at menus for the autumn/winter and as sad as it sounds - also looking into Xmas menus!

Don't hesitate to contact us for product ideas for then.

VEG SELECTION OF THE WEEK

Most of it being from UK, here what we really recommend:

Artichokes

Baby heritage beetroot

Baby heritage carrots

Baby artichokes

Baby plum vine tomatoes

Baby san Marzano tomatoes

Berlotti beans

Runner beans

English Tenderstem broccoli

Broccoli

Peas

Broad beans

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Marrow

Fennel

Rainbow chard

Romanesco, purple and yellow cauliflower

Round courgette

Sweetcorn

Trevisse

FRUIT SELECTION OF THE WEEK

UK Gooseberries

Blood peaches

Muscat grapes

Charentais melon

Watermelon

Apricots

Flat peaches

UK Blackberries

UK cherries

UK blueberries

UK blackcurrant

UK raspberries

UK redcurrant

Red plums

UK strawberries

Nectarine

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NEW!

In season, just started, we have chervil root although those little roots are very expensive!!

Limelon are great! Taste between a melon and a lime! So refreshing and unexpected!

EXPENSIVE

The usual suspects! Onions, sweet potatoes, broccoli are the main products to be really aware off!

Cauliflower have come down in price to a much reasonable level.

Shallot are now European and have also gone back to their regular price.

Potato in general are showing the first signs of a small decrease as the farmers are starting to dig them out of the ground.