

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

WEEKLY PRODUCT UPDATE - 19/08/19

VEG SELECTION OF THE WEEK

Here we have a great selection of seasonal veg from the UK and further afield.

English rainbow chard, English heritage tomatoes, pointy peppers, grelotte onions, scallion onions, round courgette, baby heritage carrots, baby heritage beetroots, English courgetti (large and baby), yellow beans, berlotti beans, English fine beans, English broad beans and peas, English corn on cob, Italian purple beans (mixed colour boxes), English runner beans, English Romanesco and purple cauliflower, Italian round and regular aubergine.



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Tel.: 0203 621 4242 @smithandbrock www.smithandbrock.com Arches 254-255, Grosvenor Terrace, London SE5 0NP

Other English produce to mention are all English herbs such as parsley, coriander, mint... etc



FRUIT SELECTION OF THE WEEK

Stone fruits and berries are really at they best now. Some great yellow peaches, flat peaches, yellow nectarines, and English Apricots!

From our Kentish friends at Hugh Lowe Farm, we have great raspberries and strawberries... I almost forgot to mention the fantastic blueberries from Trehane in Dorset!





Plenty of plums now available! English/Kentish: greengage, Victoria, jubileum, valon, and French only on special order for some such as yellow plums, Mirabelle, quetch.

Cherries are on their last week!

European pears are now about and really nice and juicy! Comice, conference and blushed.

Melon are superb! Torpedo watermelon or round, honeydew and charentais.

Some excellent European grapes too!

The season for Turkish figs is now in full swing! Enjoy! But if you are a bit posh, we have some excellent ones from South France - Provence! (special order only).



EXPENSIVE / SHORT SUPPLY

Avocados are proving to be more popular and the production does not keep up with the demand!! Price is only going one direction!!!! Be warned!

Another fashionable veg is sweet potato, for which farmers also don't seem to keep up with the demand... year on year the demand is getting bigger and bigger and prices are also going in just one direction!

Cauliflowers are pretty much unbuyable! Following the flooding's in May/June, there is pretty much no cauliflowers available and the few we can buy are extremely expensive!

Broccoli are also expensive with a similar explanation to the cauliflowers.

Globe artichokes are not at their best now... coming to an end of the season. We will have to wait for November time for the new season to start and see better products.

