

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

WEEKLY PRODUCT UPDATE - 03/06/19

SUMMER TIME !

What a wonderful time of year Summer is almost upon us and we have some fantastic offerings for your summer menus.

We have strawberries coming through slowly from Brogdale Farm in Kent, the Mara des bois variety will be a must buy.

We will have the first of the Hugh Lowe strawberries in next week. Volumes won't be huge but will get better each week, the good weather expected this weekend should help. We look forward to working with these guys for the third year running. If you are looking for a wild strawberry please pre order.

We are around 3 weeks away from having our Roughway Farm raspberries. Giles will also be supplying us with cherries when the season begins.

English broad beans- first arrival this week. English asparagus is plentiful, we also have wild asparagus in stock. For potatoes I highly recommend Jersey Royals and Noirmoutier they are of course higher in price than a standard mid but rightly so! The quality speaks for itself. English Lollo Rosso, Biondo and Oak leaf salad leaves from Haywards In Wiltshire as well as beautiful rainbow chard. All our main lines salad leaf lines are now from the UK.

We will be continuing to work with the well-established G's brand again this year. We are still working Spanish celery as no English for another couple of weeks.

Rhubarb from Wye valley. Bok choy from Evesham and Spring greens from Lancashire, and not forgetting UK Courgette flowers a great addition to your summer menu.

Fresh Almonds are in season, remember it's a short one so get them while you can. Italian Carsello Cucumbers are great they are a round cucumber that has a great taste and more flesh than your standard. Isle of Wight tomatoes are a must, I highly recommend, if you haven't yet tried and would like to let me know! The best UK tomato, the beef tomatoes they grow are particularly good. We will start seeing all the flavoured mints from westlands. Mixed radishes are now available, gariguettes are flying out the door and the French Apricots we have are delicious. Australian Perigold truffles have begun (see Dans report for more on that). We are getting some fantastic Italian seasonal fruits and vegetables direct, anything you want us to look out for let us know! We are worlds largest fruit and vegetable market (Rungis) twice weekly!



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We have a great seasonal wild Mushroom selection, the Girolles are absolutely stunning! Speak to Dan if you're interested in a bespoke wild mushroom mix or a coastal veg mix.



AVOID / COMING OUT OF SEASON

Purple sprouting is not available currently, white French asparagus will finish soon. Monks beard and castel franco both finishing.

FRUIT ET LEGUMES DE PROVENANCE FRANCAISE

Almonds
 Artichokes
 Cherries
 Gariguettes strawberries
 Noirmoutier potatoes
 Panache Mixed berries
 Panache mixed raspberries
 Rainer cherries
 Tulameen raspberries
 Wild asparagus
 Yellow beans



FRUTTA E VERDURE ITALIANA

Artichokes	Melons wax tip
Aubergine stripy	Onions grelot
Aubergine white	Peas
Bergamot	Puntarella
Broad beans	Watermelon
Cima de rapa	
Cucumber Carsello	
Finger limes	
Flat beans	
Flat peaches	
Leafy lemons	

