

# SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

## THE FORAGER'S REPORT - 17/06/19

### TRUFFLE

**Australian truffle** straight from the ground in western Australia and with us within 2 days from harvest with such short turn around comes longer life and guaranteeing you the prime product. As you can see from the picture they are already at a great level of ripeness.

- First Class 30gm+ – the range of weights are 30gm to 122gm
- Small Grade – sizes are currently varying from 10gm to 20gm golf
- Pieces vary in size, ideal for shaving the cost, and GP if you'd like a personal visit with these Aussie pearls of joy

### MUSHROOMS

**Canadian morel** are a very neat replacement visually for the ever popular Turkish variety, yet not quite as flavourful but now slowing down so be prepared for this to be gone shortly

**Portuguese girolle** continuing to impress and they have that sweet apricot smell about them

**Bulgarian mini girolle** is a beautiful 1cm–5cm pre graded product, when ordering girolle do specify mini

**Whole cep** – beauties from Romania next week

**Cauliflower fungus** is still taking the game to the wild and proving very popular, if you still haven't tried then you should!

**Maitake 'The Dancing Mushroom'** - great yield, great taste, great price

**Wild mix mushroom trays** are being made in house and for next week will consist of a mixture of the above or you can request a bespoke mix with your sales rep

### FORAGED GOODNESS

**Wild Garlic** is over, regrettably, we may have seen the end of the most popular allium until next year

**Coastal mix** will contain a mixture of the best coastal veg, as the picture shows

**Sea aster** is growing in size and flavour

**Sea purslane**, like sea aster is basking the summer sun and really doing it the world of good

**Sea beet** is stunning as always a great piece of British coastal greenery

**Sea kale** has been absolutely top notch tender kale tops ranging from green to purple in colour this adds a whole new edge to any dish

**Salty finger**, Jelly babies of the sea, whatever you call them they're still the succulent to get on your menu

**Garlic scrapes** come in, they go out, amazing product which need to be tried

**Best fresh Cornish seaweeds** this week consist of:-

- Sea lettuce
- Sea spaghetti
- Kelp
- Wakame
- Carragean moss
- Red dulse
- Pepper dulse

SMITH & BROCK FORAGER'S REPORT #13

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## WHAT'S HOT THIS WEEK

### TRUFFLE

Australian truffle  
- 1st Class  
Australian truffle  
- small grade  
Australian truffle  
pieces - wild

### MUSHROOMS

Canadian morel  
Girolle  
Mini girolle  
Wild mix mushrooms

### EXOTIC MUSHROOMS

Black wood ear  
(cultivated)  
Cauliflower fungus  
Cordyceps  
Horse mushroom  
King oyster  
Maitake  
Mini chestnuts  
Mini king oyster  
Organic nameco  
Organic shiitake  
Pied blue  
Shiitake  
Shimeji (brown+white)  
Termite Mushrooms

### COASTAL VEGETABLES

Rock samphire  
Salty fingers  
Sea arrowgrass  
Sea aster  
Sea beet  
Sea cabbage  
Sea kale  
Sea leeks  
Sea purslane  
Sea radish

### FOREST

Bitter asparagus  
Black mustard  
Dandelion  
Douglas fir  
Fireweed asparagus  
Garlic capers  
Garlic mustard  
flowers  
Garlic scapes  
Japanese knotweed  
Juniper branches  
(with berries)  
Meadow hay  
Meadow sweet  
leaves  
Mustard flowers  
Nettle tops  
Oak moss  
Pink purslane  
Reindeer moss  
Scots pine  
Scurvy grass  
Spruce pine  
Sweet cicely  
Wild chervil  
Wild fennel  
Wild garlic buds

### FRESH CORNISH SEAWEED

Bladder wrack  
Dulse  
Kelp  
Mermaids hair  
Pepper dulse  
Sargassam  
Sea lettuce  
Sea spaghetti  
(young shoots)

### EDIBLE FLOWERS

Cherry blossom  
Dandelion flowers  
Darwins barberry  
Mixed wild flower  
(savory)  
Mixed wild flower  
(sweet)  
Wild wasabi flowers  
Red haw flower  
Sweet cicely flowers  
Three cornered leek  
flowers  
Wild chervil flowers

### FLAVOURED SALTS

Elderberry salt  
Hogweed celery salt  
Mushroom salt  
Seaweed salt  
Spicy hawthorn salt

### CORDIALS

Elderflower cordial  
Nettle cordial

### SYRUPS

Birch sap syrup  
Coffee syrup  
Elderflower syrup  
Pure birch syrup  
Roasted dandelion  
syrup  
Sweet cicely syrup



Marsh samphire



Australian truffle



Fig leaf



Coastal mix



Graded girolle

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