

# SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

## THE FORAGER'S REPORT - 27/05/19

**Bonjour Chef,**

**PRICES ARE FALLING, QUALITY IS HEADING THE OPPOSITE DIRECTION!**

**\*Special prices on Chicken of woods\***

**Canadian Morel** officially on the shelves, very neat

**Portuguese Girolle** continuing to impress

**Mini Girolle** is beautiful 1-3cm, when ordering please do specify mini

**Mousseron** are the best priced product at the moment and despite its small size the flavour is huge and prep minimal

**St George** are clipping the heels of Mousseron from a money point of view and flavour

**Whole Cep** are here for another week and price has dropped considerably for next week

**Black Trompette** has seemed to slow down from the USA but still available

**Cauliflower Fungus** is still taking the game to the wild and proving very popular, if you still haven't tried then you should!

**Maitake**, The Dancing Mushroom, great yield, great taste, great price

**Wild Mix Mushroom** trays are being made in house and for next week will consist of; Mousseron + St George's + Chicken Of The Woods + Cauliflower Fungus/Maitake

### **Foraged Goodness**

**Coastal Mix** will contain a mixture of the best coastal veg

**Sea Aster** is growing in size and flavour

**Sea Purslane**, like sea aster is basking the summer sun and really doing it the world of good

**Sea Beet** is stunning as always a great piece of British coastal greenery

**Sea Kale** has been absolutely top notch tender kale tops ranging from green to purple in colour this adds a whole new edge to any dish

**Salty Finger**, Jelly babies of the sea, whatever you call them they're still the succulent to get on your menu

**Garlic Scrapes** come in, they go out, amazing product which need to be tried

**Best Fresh Cornish Seaweeds** this week consist of:-

- **Sea Lettuce**
- **Sea Spaghetti**
- **Pepper Dulce**
- **Kelp**

That's all folks

Enjoy your bank holiday!

SMITH & BROCK FORAGER'S REPORT #10



## WHAT'S HOT THIS WEEK

### WILD MUSHROOMS

Turkish Morel graded  
USA trompette  
St Georges  
Mousseron  
Girolle

### EXOTIC MUSHROOMS

Cordyceps  
Black wood ear  
(cultivated)  
Maitake  
Pied blue  
Organic shiitake  
Shiitake  
King oyster  
Mini king oyster  
Shimeji  
(brown+white)  
Organic nameco  
Termite Mushrooms  
Horse mushroom  
Mini chestnuts  
Cauliflower fungus

### COASTAL VEGETABLES

Sea purslane  
Sea beet  
Rock samphire  
Sea cabbage  
Sea kale  
Salty fingers  
Sea radish  
Sea arrowgrass  
Sea Leeks  
Sea Aster

### DRIED MUSHROOMS

Dried cep  
Dried shiitake  
Dried wild mix

### FOREST

Wild Garlic  
3 cornered leeks  
Garlic scapes  
Douglas fir  
Juniper branches  
(with berries)  
Scots pine  
Spruce pine  
Meadow hay  
Chickweed  
Oak moss  
Reindeer moss  
Japanese knotweed  
Sweet cicely  
Wild chervil  
Meadow sweet  
leaves  
Black mustard  
Scurvy grass  
Pennywort  
Dandelion  
Nettle tops  
Pink purslane  
Wild garlic buds  
Wild fennel  
Fiddleheads  
Fireweed asparagus  
Bitter asparagus  
Mustard flowers  
Garlic mustard  
Flowers

### FRESH CORNISH SEAWEED

Sea lettuce  
Sea spaghetti  
(young shoots)  
Pepper dulse  
Dulse  
Mermaids hair  
Kelp  
Sargassam  
Bladder wrack

### EDIBLE FLOWERS

Gorse buds  
Cherry blossom  
Dandelion flowers  
Darwins barberry  
Mixed wild flower  
(savory)  
Mixed wild flower  
(dessert)  
Wild wasabi flowers  
Lilac flowers  
Wild chervil flowers  
May blossom  
Wild garlic flowers  
Three cornered leek  
flowers  
Red haw flower  
Sweet cicely flowers

### FLAVOURED SALTS

Seaweed salt  
Hogweed celery salt  
Spicy hawthorn salt  
Elderberry salt  
Mushroom salt

### CORDIALS

Nettle cordial  
Elderflower cordial

### SYRUPS

Elderflower syrup  
Birch sap syrup  
Pure birch syrup  
Sweet cicely syrup  
Roasted dandelion  
syrup  
Coffee syrup



Japanese knotweed



Sweet cicely



Lilac flowers



Leek flower



Garlic scapes



<https://www.instagram.com/danielkelleher.smith.and.brock/>

SMITH & BROCK FORAGER'S REPORT #10

Tel.: 0203 621 4242

@smithandbrock

[www.smithandbrock.com](http://www.smithandbrock.com)

Arches 254-255, Grosvenor Terrace, London SE5 0NP