

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

THE FORAGER'S REPORT - 25/03/19

WHAT'S HOT THIS WEEK

WILD MUSHROOMS

Girolle
South African cep
Trompette (Pre Order)
Turkish morel (Pre Order)
St George (limited availability)

EXOTIC MUSHROOMS

Chinese morel
Maitake (Hen of the Woods)
Exotic mix
Pied blue
Organic shiitake
Shiitake
King oyster
Mini king oyster
Shimeji (brown+white)
Organic nameco

DRIED MUSHROOMS

Dried cep
Dried mix wild
Dried shiitake

COASTAL VEGETABLES

Sea purslane
Sea beet
Rock samphire
Sea cabbage
Salty finger (Pre-Order)

FOOD FORAGED FROM THE FOREST

Wild garlic
3 cornered leek
Alexander shoots
Alexander buds
Douglas fir
Meadow hay
Chickweed (Pre-Order)
Scotts pine
Juniper branches with berries

FRESH CORNISH SEAWEEDS

Wednesday being the best day for freshness

Sea lettuce
Sea spaghetti
Pepper dulce
Dulse
Mermaids hair
Kelp



Turkish morel



Alexanders

Three cornered garlic



Leek flower



Wild garlic



Salty fingers



SMITH & BROCK FORAGER'S REPORT #2

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