

# SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

## THE FORAGER'S REPORT - 06/05/19

**Hi Chefs ,**

**Some highs and some lows in this weeks Foragers Report;**

**If you haven't already tried maitake then here lays the perfect opportunity, there is a hefty price drop for one week only on our maitake, it's the cultivated cousin of the much sought after Hen of the woods and has a real depth of flavour with bundles of yield. Contact your sales representative!!**

Loud whispers that Scottish girolle could be with us at Smith & Brock in 5-6 weeks so get in the queue and drop me an email so I can ring your buzzer when it lands at HQ:

**daniel@smithandbrock.com**

In the meantime there are some really beautiful gradable Portuguese available to help those who have the girolle twitch.

Morel, sadly, is slowing down now so quantities will fall steadily, we predict another fortnight to 3 weeks on them.

Wild garlic we have found supply which will see us through for almost another 2 months with plenty of micro garlic also up for grabs so don't remove this from the menu just yet.

Here at Smith & Brock we have started to work with a specialist forager company who have an amazing range of wild syrups, cordials and salt in their range which we now stock and are on our availability list, personal favourites are sweet cicely syrup and elderflower syrup also the hogweed salt is a magical alternative to the ever popular celery salt.

Cauliflower fungus has taken the mushroom world by storm and quite rightly so, until its wild version is out I'd suggest indulging in this beauty which is cultivated and luckily means a year round availability.

Our range of wild flowers is forever growing and a product for the perfect pastry chef, the favourites being gorse flowers, wasabi flowers (This really packs a punch) and lastly lilac flowers which are as beautifully fragrant as they are visually.

If you'd like images and descriptions, do hit the follow on our socials.

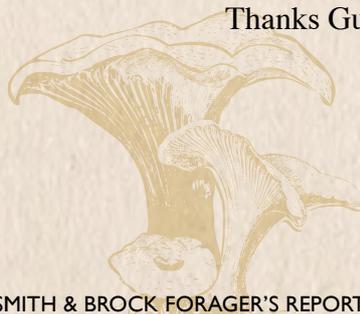
**@smithandbrock**

**@danielkelleher.smith.and.brock**

**@christophe\_smithandbrock**

**@jade\_smithandbrock**

Thanks Guys



SMITH & BROCK FORAGER'S REPORT #7

## WHAT'S HOT THIS WEEK

### WILD MUSHROOMS

Turkish Morel  
graded  
USA trompette  
St Georges  
Mousseron  
Girolle

### EXOTIC MUSHROOMS

Cordyceps  
Black wood ear  
(cultivated)  
**Maitake**  
Pied blue  
Organic shiitake  
Shiitake  
King oyster  
**Mini king oyster**  
Shimeji  
(brown+white)  
Organic nameco  
Termite Mushrooms  
Horse mushroom  
Mini chestnuts  
**Cauliflower fungus**

### COASTAL VEGETABLES

Sea purslane  
Sea beet  
Rock samphire  
Sea cabbage  
**Sea kale**  
Salty fingers  
Sea radish  
Sea arrowgrass  
Sea Leeks  
Sea Aster

### DRIED MUSHROOMS

Dried cep  
Dried shiitake  
Dried wild mix

### FOREST

Wild Garlic  
3 cornered leeks  
Garlic scapes  
Douglas fir  
Juniper branches  
(with berries)  
Scots pine  
Spruce pine  
Meadow hay  
Chickweed  
Oak moss  
Reindeer moss  
Japanese knotweed  
Sweet cicely  
Wild chervil  
Meadow sweet  
leaves  
Black mustard  
Scurvy grass  
Pennywort  
Dandelion  
Nettle tops  
Pink purslane  
Wild garlic buds  
Wild fennel  
Fiddleheads  
Fireweed  
asparagus  
Bitter asparagus  
Mustard flowers  
Garlic mustard  
Flowers

### FRESH CORNISH SEAWEED

Sea lettuce  
Sea spaghetti  
(young shoots)  
Pepper dulse  
Dulse  
Mermaids hair  
Kelp  
Sargassam  
Bladder wrack

### EDIBLE FLOWERS

Gorse buds  
Cherry blossom  
Dandelion flowers  
Darwins barberry  
Mixed wild flower  
(savory)  
Mixed wild flower  
(dessert)  
Wild wasabi flowers  
Lilac flowers  
Wild chervil flowers  
May blossom  
Wild garlic flowers  
Three cornered leek  
flowers

### FLAVOURED SALTS

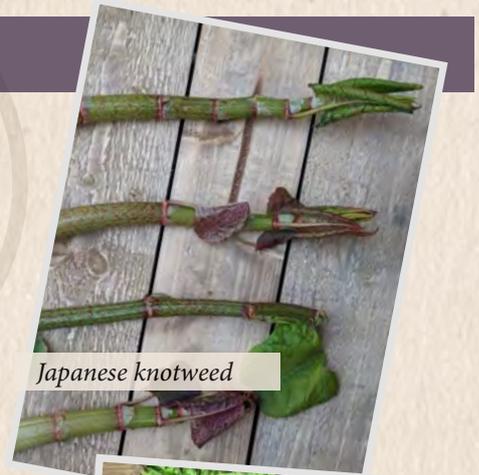
Seaweed salt  
Hogweed celery salt  
Spicy hawthorn salt  
Elderberry salt  
Mushroom salt

### CORDIALS

Nettle cordial  
Elderflower cordial

### SYRUPS

Elderflower syrup  
Birch sap syrup  
Pure birch syrup  
Sweet cicely syrup  
Roasted dandelion  
syrup  
Coffee syrup



Japanese knotweed



Sweet cicely



Lilac flowers



Leek flower



Garlic scapes

