

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

THE FORAGER'S REPORT - 04/03/19

WHAT'S HOT THIS WEEK

WILD MUSHROOMS

Grey leg chanterelle
Yellow leg chanterelle
Girolle
South African cep
Trompette (Pre Order)
Turkish morel (Pre Order)

EXOTIC MUSHROOMS

Chinese morel
Maitake (Hen of the Woods)
Exotic mix
Pied blue
Organic shiitake
Shiitake
King oyster
Mini king oyster
Shimeji (Brown+White)
Organic nameco

DRIED MUSHROOMS

Dried cep
Dried mix wild
Dried shiitake

COASTAL VEGETABLES

Sea purslane
Sea beet
Rock samphire
Sea cabbage
Salty finger (Pre-Order)

FOOD FORAGED FROM THE FOREST

Wild garlic
3 cornered leek
Alexander shoots
Alexander buds
Douglas fir
Meadow hay
Chickweed (Pre-Order)

FRESH CORNISH SEAWEEDS

Wednesday being the best day for freshness

Sea lettuce
Sea spaghetti
Pepper dulce
Dulce
Mermaids hair
Kelp



Alexanders



Canadian trompette



Wild garlic



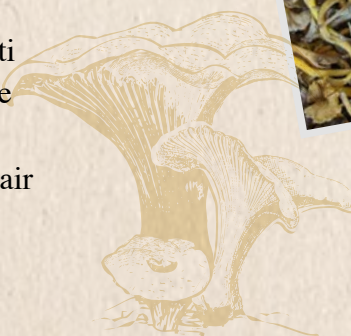
Maitake



Yellow leg chanterelle



Organic shiitake



SMITH & BROCK FORAGER'S REPORT #1

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