

SMITH & BROCK



EXPERTLY SELECTED, PROUDLY DELIVERED

WEEKLY PRODUCT UPDATE - 28/01/19

Hello All, the Spanish weather is not doing us any favours as we see the price of produce such as aubergine and courgette reaching barely acceptable prices! We mentioned this already last week and it will take sometime until they go back to a reasonable price. Lots more products affected such as tomatoes, lettuces etc...

One of the reasons why the products are going up in price is because the UK buys most of them from Spain. There is a bit of cold weather there but the main issue is the very cold weather in Italy and France which also produce some of the core products for other countries and can't grow as much as they normally would do, putting pressure on Spanish crops and all European stock consequently...

There is a very simple way to go around the issue! Eat more British! Winter is not the best time of the year for UK produce but see for yourself below! Lots of local reasonably priced fruits and veg.

From our friend Chris at Molyneux Farm in Lancashire, we have rainbow chard, kalette, purple queen kale, ministra near, spigarello, sweet collard, Portuguese tronchuga, red kale, cava nero, green kale.

Also available from UK, we have red and white cabbage from Lincolnshire, swede from Scotland... red, golden and candy beetroot from Bedfordshire, and from other parts of the UK, all sorts of potatoes, leeks, savoy cabbage, spring green, Brussels, chantenay and rainbow chantenay, parsnips, cauliflower, cox apples, red gala apples, trevisse, raddicio, round lettuce...



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More UK produce...



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NURTURED IN NORFOLK

We stock most of the range from Nurtured in Norfolk, based in Norfolk! Lots of different cresses and edible flowers. Please look into their website!

www.nurturedinnorfolk.co.uk

Here some of the original stuff they do:

Garlic flower
Ice lettuce
Rock samphire
Apple blossom
Oyster leaf



EXOTIC

Depending on the type of product, we may need a few days to source it but we can get anything from pretty much anywhere!

This morning we received a special order of Ugli fruits (a cross between a grapefruit and an orange). Not that Ugli to be fair 😊

Queen pineapple
Pomelo
Golden kiwi
Pink lemon
Snake fruit
Ugli fruit

